

LACTATION MEDICINE PROGRAMME
Application for Admission
2010-2011

- Please read thoroughly, complete all sections, and sign where required. Mail the completed form to:

Attention: Institute Admissions
Newman Breastfeeding Clinic & Institute
1255 Sheppard Ave. East
Toronto, Ontario M2K 1E2

Applications MUST be submitted no later than August 15, 2010

- Include the \$30.00 CAD non-refundable application fee payable to Newman Breastfeeding Clinic & Institute, with your application. Fees are payable by cheque or money order only. Credit cards will not be accepted. DO NOT SEND CASH.
- For any questions or concerns regarding the application, please email us at *institute@nbc.ca*

I hereby apply to the Centre of Excellence at the **Newman Breastfeeding Clinic & Institute**. I understand that the application fee is non-refundable. I certify that the information submitted in this application is true.

Signature of Applicant

Date

NEWMAN BREASTFEEDING CLINIC & INSTITUTE (NBCI):

NBCI is situated in the Canadian College of Naturopathic Medicine in Toronto, Canada. Our faculty consists of a multi-disciplinary team including guest lecturers who are specialized in their respective areas of lactation medicine.

*A critical element of the Institute is the **practical component** (included in all programmes) that fosters a unique level of competency when caring for the breastfeeding dyad. This practical component of the programme is held at the Newman Breastfeeding Clinic under supervision of the Institute faculty.*

NBCI has been approved by the **Accreditation and Approval Review Committee (AARC)** on Education in Human Lactation and Breastfeeding.

NBCI is a long-term provider with IBLCE for Continuing Education Recognition Points (CERPs)

MISSION STATEMENT:

- To promote the profession of the International Board Certified Lactation Consultant (IBCLC)
- To maintain professional and consistent standards in lactation medicine
- To raise public and professional awareness of the importance of the IBCLC as an integral part of the healthcare team
- To increase the level of educational standards for the IBCLC and to encourage continuing education and standards of excellence in clinical practice.

OBJECTIVES:

- Provide preparation for the IBLCE exam
- Facilitate excellence and consistency in caring for the breastfeeding mother and infant
- Ensure competency in dealing with breastfeeding challenges
- Instill this basic concept: **By enabling the mother to manage her own breastfeeding experience, she will be empowered to achieve her own breastfeeding goals**
- Disseminate current and evidence-based research and practice
- Create a forum for discussion of current social issues around breastfeeding and their effects on the breastfeeding dyad
- Provide opportunities for observation and training, enabling the students to shadow, be mentored, and mentor others

PROGRAMME:

NBCI offers programmes and educational courses to: those wishing to sit their IBLCE exam to become professional Lactation Consultants, all healthcare professionals working with breastfeeding dyads, and lay people wishing to learn more. We also provide continuing education for Lactation Consultants. ***For details regarding CLINICAL TRAINING (hours, fees, etc...), please contact us at institute@nbci.ca.***

The NBCI's Centre of Excellence offers an NBCI Diploma upon successful completion of the following requirements:

CLINICAL PATH:

- Recommended for individuals eligible for IBLCE's Pathway 1
- Observation period + a minimum of 500 NBCI clinical hours
- Completion of all BASIC and ADVANCED course work (including class work and written assignments)
- A practical examination of clinical skills

ADVANCED CLINICAL PATH:

- Recommended for individuals who are already IBCLCs
- Observation period + a minimum of 200 NBCI clinical hours
- Completion of all ADVANCED course work & the Clinical Practice course (including class work and written assignments)
- A practical examination of clinical skills

PATHWAY 3 MENTORSHIP is also available. Our Pathway 3 requirements include:

- Observation period + a minimum of 500 **directly supervised** NBCI clinical hours
- Completion of all *BASIC* and *ADVANCED* course work (including class work and written assignments)
- Completion of all independent projects and assignments (including research papers, journal club presentations, TAsip, community involvement, etc...)
 - *The NBCI Diploma will also be awarded upon completion of the practical examination of clinical skills.*

For details regarding CLINICAL TRAINING (hours, fees, etc...), please contact us at institute @nbcī.ca.

Please see www.iblce.org to determine your IBLCE pathway eligibility.

NBCI strongly encourages students to sit for the IBLCE exam along their way to achieving the NBCI diploma. Along with the NBCI diploma, Students are awarded 50% of their membership for the first year to the International Lactation Consultant Association (and their affiliated country/provincial/state association). NBCI strongly encourages its students to be members of ILCA.

FEES & FINANCIAL POLICIES:

- Please see below under “Course Selection” for individual course prices.
- Any registrant who enrolls in all *BASIC COURSES* will pay a maximum of \$1080.00 in tuition
- Any registrant who enrolls in all *ADVANCED COURSES + Clinical Practice* will pay a maximum of \$1339.00 in tuition.
- Any registrant who enrolls in **ALL** courses will pay a maximum of \$1632.00 in tuition.
- An additional discount of 10% will be applied if you are currently a member of ILCA/CLCA or are planning on registering for ILCA/CLCA. Please contact us directly for further information.

REFUND POLICY:

Once the course starts, no refund will be issued. If a course has not yet started, no tuition charges will be incurred.

1. PERSONAL INFORMATION

REGISTERED NAME: (must appear exactly as is on legal documentation)

Last Name

First Name

MAILING ADDRESS:

Street

City

Province/State

Postal Code

Country

PHONE NUMBERS:

Home

Work

Mobile

EMAIL: _____

IBLCE ELIGIBILITY PATHWAY (*please check one*):

- Pathway 1
- Pathway 2
- Pathway 3 (*please contact us first if you are on this pathway*)

IBCLC # (IF APPLICABLE): _____

YEAR RECEIVED: _____

NBCI DIPLOMA PROGRAMME (*please check one*)*:

- Clinical Path
- Advanced Clinical Path

** If you are applying for **Pathway 3** mentorship, you do not have to select a NBCI path.*

2. COURSE SELECTION:

Please select from the following courses*:

Please Note:

- The course timetable is only available for the **2010-2011** academic year
- Attendance for all dates listed under each course is **mandatory**
- Classes run from 6PM-9PM
- **CLINICAL TRAINING** sessions must be arranged separately by contacting us directly at institute@nbc.ca

BASIC COURSES						
COURSE		TOPICS COVERED	HOURS	CERPS**	COST	DATES
<input type="checkbox"/>	BASIC SCIENCES <i>(all subjects are specific to lactation)</i>	<ul style="list-style-type: none"> • Anatomy & Physiology • Immunology • Nutrition & Biochemistry • Pharmacology 	12 hours (4 classes)	12 L	\$288.00	Sep 22, 29, Oct 6, 13
<input type="checkbox"/>	CLINICAL PRACTICE	<ul style="list-style-type: none"> • Birth practices & prenatal assessment • Skin to skin care • Latching and protecting milk supply & flow • Counselling skills • Evidence based practice • Controversy of tools/equipment used by Lactation Consultants 	30 hours (10 classes)	30 L	\$768.00	Sep 30, Oct 7, 14, 21, Nov 4, 11, 18, 25, Dec 2, 9
<input type="checkbox"/>	ETHICS	<ul style="list-style-type: none"> • International Code of Marketing of Breast-milk Substitutes • Baby Friendly Hospital Initiative • IBCLC ethics & scope of practice 	6 hours (2 classes)	3L/3E	\$144.00	Oct 27 & Nov 3
ADVANCED COURSES						
COURSE		TOPICS COVERED	HOURS	CERPS**	COST	DATES
<input type="checkbox"/>	THE NOT YET LATCHING BABY	<ul style="list-style-type: none"> • Causes of breast refusal • Treatment strategies <ul style="list-style-type: none"> ◦ Includes a live case study and round table discussion 	6 hours (2 classes)	6L	\$144.00	Nov 17 & 24
<input type="checkbox"/>	CONTROVERSIAL ISSUES	<ul style="list-style-type: none"> • Breastfeeding in the 21st century-Cruelty of "Breast is Best" • Current & controversial breastfeeding research 	6 hours (2 classes)	3L/3E	\$144.00	Jan 12 & 19
<input type="checkbox"/>	ADVANCED SCIENCES	<ul style="list-style-type: none"> • Immunology & chronic disease prevention • Maternal & infant pathologies-Case Studies 	6 hours (2 classes)	6L	\$144.00	Jan 27 & Feb 3
<input type="checkbox"/>	SPECIAL BABIES	<ul style="list-style-type: none"> • Supporting breastfeeding in the following: <ul style="list-style-type: none"> ◦ Jaundice ◦ Hypoglycaemia ◦ Sick & preterm infants 	6 hours (2 classes)	6L	\$144.00	Feb 16 & 23
<input type="checkbox"/>	MATERNAL CHALLENGES	<ul style="list-style-type: none"> • Nipple & breast pain • Complimentary feeding • Biopsychosocial challenges 	6 hours (2 classes)	6L	\$144.00	Mar 9 & 16

* Students may enrol in individual courses without committing to an entire programme.

**CERPs listed are approximate and are subject to change